

# Shelley PS Canteen Menu Term 4 2023

## **Hot Food**

Party Pies (2) (oven baked)	\$2.50
Chicken Nugget (3) (oven baked)	\$2.50
Chicken Nibblets (3) (oven baked)	\$2.50
Beef Balls (6) (oven baked)	\$2.50
Pizza (Cheese/BBQ Chicken/H&Pineapple)	\$5.00
Pizza Wrap (Vegie/Chicken/Cheese/Lamb)	\$5.00
Sausage Roll / Cheese & Spinach Roll	\$5.00
Beef Burger (lean beef, sauce)	\$5.00
Cheese Burger (lean beef, cheese, sauce)	\$5.00
Chicken Burger (grilled, lettuce, mayo)	\$5.00
Fish Burger (oven baked, lettuce, sauce)	\$5.00
Veg Burger (vegie pattie, lettuce, tomato)	\$5.00
Vegetarian Lasagne / Twista Pasta	\$5.00
Pies (Beef/Beef & Potato)	\$5.00
Macaroni Cheese(vegetarian)	\$5.00
Butter Chicken (HOME MADE)	\$5.00
Zucchini Slice (HOME MADE)	\$5.00

## Sauce & Dressing

Sauce (Tomato/BBQ/Tartare/Sweet&Sour/Soy) 30c Salad Dressing (Italian/Caesar) 30c

# Sandwiches, Wraps & Rolls

Wraps and Rolls are an extra 50c Honey/Jam/Vegemite \$2.00 \$2.50 Banana Cheese \$2.50 \$2.50 Tomato Devon \$3.00 \$3.00 Egg Ham \$4.00 Chicken (grilled sliced) \$5.00 Tuna \$4.00 Salmon \$5.00 \$5.00 Salad

## Extras

Beetroot	50c	Carro	t	50
Cheese	50c	Cucumber		50
Lettuce	50c	Onion		50
Tomato	50c			
Egg		\$	1.00	
Tas	ty Che	ese \$	1.00	
Avo	cado	\$	1.50	
Sala	ıd	\$2	2.50	

Note: All sandwiches are wholemeal unless white bread is requested

## Salad Box \$7.00

or \$8.00 with - ham, grilled chicken, roast beef, grilled fish, tuna, salmon, or egg

## Meal Deal \$8.00

**Available Monday to Friday** 

#### **Food Option**

Sandwich - Salad - Ham cheese & tomato Butter Chicken (HOME MADE) Lasagne (Vegetable/Beef) Burger (Chicken/Beef/Cheese/Vegie/Fish)

#### **Snack Option**

Fruit Cup or piece of fruit Vegie sticks & Hommus Red Rock Chips (sea salt)

#### **Drink Option**

Water
Fruit Juice (orange/apple/punch)
Milk (Choc/Strawb), M2GO (choc/strawb)
Chill J (watermelon orange/grape/raspberry)

## **Lunch Bags**

10c each or 20 for \$1.00



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Children ordering lunches at the canteen are to bring their lunch bag and money to the canteen before school.

Please include an extra 10c if ordering on a bag supplied at the canteen.

Only lunches with the **correct money** are to be placed in the **"Express Box"**, which is located at the middle window of the canteen.

Children who require change are to line up at the window.

Frozen treats cannot be included in lunch orders.

\* Only items marked with an asterisk \* are available to purchase before school.

Snack Foods	
*Bread Sticks (2)	50c
Jelly Cup (lite)	50c
*Mixed Cereal (4xwholegrains)	50c
Cheese Toasties (Wednesday only)	50c
Jelly & Custard (lite)	\$1.00
*Popcorn (lightly salted)	\$1.50
*Cheese & Biscuits (wholegrain) (lite cheese)	\$2.00
Red Rock Chips (Sea Salt)	\$1.50
*Fruit (in Season)	\$2.00
*Apple Slinky	\$2.00
*Mixed Biscuits (6xwholegrain) 6g	\$1.50
*Vegie Sticks/Hommus	\$2.00
*Banana Bread (HOME MADE)	\$2.00
*Choc Muffin (HOME MADE)	\$2.00
*Yoghurt Fruit Crumble	\$2.00

Drinks	
*Water	\$1.50
Slushie	\$2.00
*Hot Chocolate	\$2.50
*Fruit Juice (Apple/Orange/Paradise Punch)	\$2.50
Chill J (watermelon/orange/grape/raspbe	\$2.50 erry)
*M2Go Milk (Chocolate/Strawberry)	\$2.50
*Moove Milk (Chocolate/Strawberry)	\$2.50
*Up & Go Milk (Banana/Chocolate/Strawberry/Var	\$2.50 nilla)

### **Frozen Treats**

Only available at lunchtime From 50c to \$2.00