

## Shelley PS Canteen Menu Term 2 2022

### **Hot Food**

Party Pies (2) (oven baked)	\$2.50
Chicken Nugget (3) (oven baked)	\$2.50
Chicken Nibblets (3) (oven baked)	\$2.50
Beef Balls (6) (oven baked)	\$2.50
Pizza (Cheese/BBQ Chicken/H&Pineapple)	\$5.00
Pizza Wrap (Vegetarian/Meat&Cheese(lamb	<b>o)</b> /
BBQ Chicken/ Cheese) (Oz Bake)	\$5.00
Beef Burger (lean beef, sauce)	\$5.00
Cheese Burger (lean beef, cheese, sauce)	\$5.00
Chicken Burger (grilled, lettuce, mayo)	\$5.00
Fish Burger (oven baked,lettuce,sauce)	\$5.00
Veg Burger (vegie pattie, lettuce, tomato)	\$5.00
Lasagne (Vegetarian)(Alied Chef)	\$5.00
Twista Pasta (beef bolognese) (Alied Chef)	\$5.00
Macaroni Cheese(vegetarian)(Alied Chef)	\$5.00
Butter Chicken (HOME MADE)	\$5.00
Zucchini Slice (HOME MADE)	\$5.00

## Sauce & Dressing

Sauce (Tomato/BBQ/Tartare/Sweet&Sour/Soy) 30c Salad Dressing (Italian/Caesar) 30c

Note: All sandwiches are **wholemeal**<u>Unless</u> white bread is requested

# Sandwiches, Wraps & Rolls

Wraps and Rolls are an extra 50c Honey/Jam/Vegemite \$2.00 \$2.50 Banana Cheese \$2.50 \$2.50 Tomato Devon \$3.00 \$3.00 Egg Ham / Roast Beef \$4.00 Chicken (grilled sliced) \$5.00 Tuna \$4.00 Salmon \$5.00 Salad \$5.00

### **Extras**

Beetroot	50c
Carrot	50c
Cheese	50c
Cucumber	50c
Lettuce	50c
Onion	50c
Tomato	50c
Egg	\$1.00
Tasty Cheese	\$1.00
Avocado	\$1.50
Salad	\$2.50

#### Salad Box \$6.00

or \$7.00 with - ham, grilled chicken, roast beef, grilled fish, tuna, salmon, or egg

#### Homemade Soup & Bread Roll

**\$5.00** Tuesday, Wednesday & Thursday

### Meal Deal \$8.00

**Available Monday to Friday** 

#### **Food Option**

Sandwich – Salad – Ham cheese & tomato Butter Chicken (HOME MADE) Lasagne (Vegetable) Twista Pasta (beef Bolognese) Burger (Chicken/Beef/Cheese/Vegie/Fish)

#### **Snack Option**

Fruit Cup or piece of fruit Vegie sticks & Hommus Red Rock Chips (sea salt)

#### **Drink Option**

Water
Fruit Juice (orange/apple/punch)
Milk (Choc/Strawb), M2GO (choc/strawb)
Chill J (watermelon orange/grape/raspberry)



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Children ordering lunches at the canteen are to bring their lunch bag and money to the canteen before school.

Please include an extra 10c if ordering on a bag supplied at the canteen.

Only lunches with the correct money are to be placed in the "Express Box", which is located at the middle window of the canteen.

Children who require change are to line up at the window.

Frozen treats cannot be included in lunch orders.

\* Only items marked with an asterisk \* are available to purchase **before school**.

Snack Foods			
*Bread Sticks (2)	50c		
Jelly Cup (lite)	50c		
*Mixed Cereal (4xwholegrains)	50c		
Cheesy Garlic Bites	50c		
Mon, Tue, Thurs, Fri Cheese Toasties	50c		
(Wednesday only)			
Jelly & Custard (lite)	\$1.00		
*Popcorn (lightly salted)	\$1.00		
*Cheese & Biscuits	\$1.50		
(wholegrain) (lite cheese)			
Red Rock Chips (Sea Salt)	\$1.50		
*Fruit (in Season)	\$1.50		
*Apple Slinky	\$1.50		
*Mixed Biscuits (6xwholegrain) 6g	\$1.50		
*Vegie Sticks/Hommus	\$2.00		
*Banana Bread (HOME MADE)	\$2.00		
*Choc Muffin (HOME MADE)	\$2.00		
*Yoghurt Fruit Crumble	\$2.00		

Drinks			
*Water	\$1.50		
Hot Chocolate	\$2.50		
*Fruit Juice (Apple/Orange/Paradise Punch)	\$2.50		
Chill J (watermelon/orange/grape/raspberry)	\$2.50		
*M2Go Milk (Chocolate/Strawberry)	\$2.50		
*Moove Milk (Chocolate/Strawberry)	\$2.50		
*Up & Go Milk (Banana/Chocolate/Strawberry/Var	\$2.50 nilla)		

#### **Frozen Treats**

Only available at lunchtime From 50c to \$1.50

## **Lunch Bags**

10c each or 20 for \$1.00